

LOCK & KEY

MARCH 2003

Letter from the President

Linda Alphin

One more year has gone by and we have all gotten a year older. I hope that last year was a great year for everyone. I think the year 2003 will be the best year ever.

The time has come for me to retire from Tempe Police Department and from the property and evidence function. My last day of employment with the Department will be Jan 31, 2003. I will be officially retired on Feb. 1, 2003. My career with the City of Tempe has been an interesting and rewarding one. I have seen a lot of changes in the City and the Department since I began working there on October 8, 1979. My first day of work began in the police records department. We were housed in a converted Safeway grocery store at that time. I worked in the records bureau for approx 6 mos and then transferred to police dispatch. I worked in dispatch until 1981 at which time I went to the traffic bureau as a police parking aide. I stayed in the traffic bureau as a parking control aide and a civilian accident investigator until 1991. I went to the property and evidence section in 1991 and will retire from the City as a Property and Evidence Technician on Jan. 31, 2003. I have made some friendships that will last a lifetime. Not only with persons from our agency in Tempe but from throughout the state of Arizona. There have had many experiences during my career at the Department; some good; some bad, but all unforgettable.

Membership in the Arizona Association for Property and Evidence has given me the pleasure of working with someone from almost every law enforcement agency in the State of Arizona. I had the opportunity of going to Minnesota and attending a conference there on behalf of the Association. Serving the membership of the Association has been a pleasant and most valuable experience. Thank you for your confidence in my abilities.

It is now time once again to elect new board members.

Board member election will be held at the March business meeting. There is an absentee ballot included with this newsletter. If you are not able to attend the March meeting in Phoenix, please cast your vote on the absentee ballot; sign and date the ballot. You must return the ballot to the Association mailing address by the deadline.

YOU MUST SIGN THE BALLOT SO THAT YOUR MEMBERSHIP STATUS CAN BE VERIFIED. ONLY MEMBERS IN GOOD STANDING MAY VOTE. IF THE BALLOT IS NOT SIGNED, IT WILL NOT BE COUNTED. WE MUST BE ABLE TO VERIFY YOUR STATUS. THERE WILL BE NO EXCEPTIONS.

PERSONS ATTENDING THE MEETING AND CASTING THEIR BALLOT IN PERSON WILL HAVE THEIR MEMBERSHIP STATUS VERIFIED PRIOR TO RECEIVING A BALLOT. IF WE CANNOT VERIFY YOUR MEMBERSHIP STATUS, YOU WILL NOT RECEIVE A BALLOT. THERE WILL BE NO EXCEPTIONS.

Please take an active part in the voting process. This is your Association. Take pride and participate. Be a doer. There is no "I" in TEAM.

I am looking forward to seeing you all at the March meeting in Phoenix.

Remember to
read the
minutes!!

FROM THE TRAINING COMMITTEE

SEMINAR UPDATE

From the Chairman

Sandie Imberi

The seminar is coming along very nicely. The flyers were mailed out the first of January, so if you haven't gotten yours yet, please contact me at 602-534-2558. You can check the website for a copy of the flyer at www.azape.org.

At the December meeting, Kenneth Racine won the free seat to the seminar that was given away. Another free seat will be given away at the March meeting to be hosted by the Phoenix Police Department.

Remember to get your registration forms mailed in early for the seminar, along with your seminar money so you can be sure to receive the soft-sided A.A.P.E. briefcase we are giving away at this year's training seminar.

We have all been having trouble finding a way to dispose of our drugs and guns lately, so plan on attending the seminar to learn from our speaker on drug and gun disposals.

If you have any questions, please call me at 602-534-2558 or fax me at 602-534-4718 or email me at skimberi@cox.net.

Letter from the Editor

Joanne Williams

Arizona is going through the throes of extreme budget cuts. It seems that every department in every city is going through some kind of cut. Cuts in equipment, training, personnel, benefits, and all sorts of financial depletions. Many departments can not replace all of the employees who have retired or moved on to other positions. The employees are working harder trying to get the job done with fewer people. Duties are being passed to others who have to continue doing their original assignments in addition or the duties of the missing person are just being passed by. No matter how

often or how hard the employees try to tell themselves they can only do so much in one day, the sense of guilt and the feeling of under-accomplishment takes a toll. Many sections have supervisors who are adding pressure with commands, demands, and lack of consideration during this whole ordeal. This results in stress – high stress. That is the topic of 'The Safe Bet' in this newsletter. I know it has been done before but I believe any help and hints in stress management are very much needed right now. Not just for Evidence Section employees, but for anyone who is employed in the state of Arizona today.

Many people could not make it to the last A.A.P.E. meeting, including Debbie Lopez, who normally takes the minutes. This time the meeting was recorded and Linda Alphin transcribed the tape. The minutes are long and if you notice, there were many places when the discussion could not be understood. We did what we could to be sure you got the main idea, though.

This will be my last newsletter. I am no longer with the Evidence Section. I have moved on to the TPD Budget Office. I enjoyed my time with the AZ Association of Property and Evidence immensely. The Association is one of the main things I will miss about working in Evidence. I met some wonderful people and I hope the friendship that has developed with many of you, will not end.

The association is a wonderful tool to help all Evidence Technicians for a full understanding of the job. We provide training in every quarterly meeting and more concentrated training in every annual seminar. In every Evidence Section, there is bound to be some strange situation or problem that will be of an odd and unusual nature. When problems come up, it is nice to be able to turn to another who has experience in the situation. When a member calls for assistance, all the members of the association pull together to help.

To be an officer of the association, one must have a sense of total obligation, not only to your co-workers but also to all of the Evidence Technicians who are members of the association. You are depended on for your knowledge, reliability, and commitment. For this I commend all of you.

ARIZONA ASSOCIATION FOR PROPERTY AND EVIDENCE

ELECTION OF OFFICERS

BALLOT

Please mark the box for the candidate of your choice. Vote for only one (1) person for each office

PRESIDENT: **Mary Alinen**

Lane Darling

1ST VICE PRESIDENT: **Linda Alphin**

2ND VICE PRESIDENT: **Chuck Parmelee**

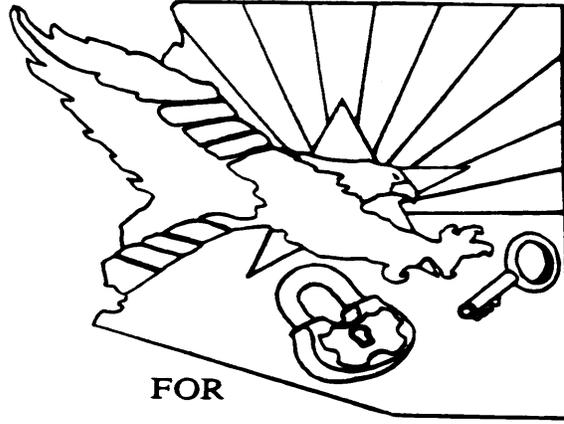
Tamara Daigle

SECRETARY: **Deborah Lopez**

TREASURER: **Sandie Imberi**

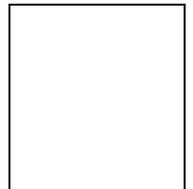
SGT. AT ARMS: **Mary Lewis**

ARIZONA ASSOCIATION



FOR
PROPERTY AND EVIDENCE

LOCK & KEY
Arizona Association for Property & Evidence
P.O. Box 18313
Phoenix, AZ 85005



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Phoenix, AZ 85005

A.A.P.E. QUARTERLY MEETING

MARCH 12, 2003

The March meeting will be hosted by the Phoenix Police Department

**LOCATION: Southern Command Station
3443 S. Central
Phoenix, AZ**

**TIME: 9 A.M. Coffee and snacks
10 A.M. Meeting**

TRAINING: Drug Recognition and Drug Hazards

VOTING: Elections for the 2003/2004 A.A.P.E. Officers

DOOR PRIZE: Free seat to the 2003 Seminar

DIRECTIONS: Coming from the north of Phoenix on I-17, exit on 7th Ave. to the south. Stay on Access Road to Central and take a right turn and come south about one mile. Station is on east side of street.

Coming from the south of Phoenix on I-10, exit on 7th Street. Stay on the Access Road to Central and take a left turn and come south about one mile. Station is on the east side of street.

A SAFE BET

How Vulnerable Are You To Stress?

In modern society, most of us can't avoid stress. But we can learn to behave in ways that lessen its effects. Researchers have identified a number of factors that affect one's vulnerability to stress - among them are eating and sleeping habits, caffeine and alcohol intake, and how we express our emotions. The following questionnaire is designed to help you discover your vulnerability quotient and to pinpoint trouble spots. Rate each item from 1 (always) to 5 (never), according to how much of the time the statement is true of you. Be sure to mark each item, even if it does not apply to you - for example, if you don't smoke, circle 1 next to item six.

| | Always | | Sometime s | | Never |
|---|--------|---|---------------|---|-------|
| 1. I eat at least one hot, balanced meal a day. | 1 | 2 | 3 | 4 | 5 |
| 2. I get seven to eight hours of sleep at least four nights a week. | 1 | 2 | 3 | 4 | 5 |
| 3. I give and receive affection regularly. | 1 | 2 | 3 | 4 | 5 |
| 4. I have at least one relative within 50 miles, on whom I can rely. | 1 | 2 | 3 | 4 | 5 |
| 5. I exercise to the point of perspiration at least twice a week. | 1 | 2 | 3 | 4 | 5 |
| 6. I limit myself to less than half a pack of cigarettes a day. | 1 | 2 | 3 | 4 | 5 |
| 7. I take fewer than five alcohol drinks a week. | 1 | 2 | 3 | 4 | 5 |
| 8. I am the appropriate weight for me height. | 1 | 2 | 3 | 4 | 5 |
| 9. I have an income adequate to meet basic expenses. | 1 | 2 | 3 | 4 | 5 |
| 10. I get strength from my religious beliefs. | 1 | 2 | 3 | 4 | 5 |
| 11. I regularly attend club or social activities. | 1 | 2 | 3 | 4 | 5 |
| 12. I have a network of friends and acquaintances. | 1 | 2 | 3 | 4 | 5 |
| 13. I have one or more friends to confide in about personal matters. | 1 | 2 | 3 | 4 | 5 |
| 14. I am in good health (including eye-sight, hearing, teeth). | 1 | 2 | 3 | 4 | 5 |
| 15. I am able to speak openly about my feelings when angry or worried. | 1 | 2 | 3 | 4 | 5 |
| 16. I have regular conversations with the people I live with about domestic problems - for example, chores and money. | 1 | 2 | 3 | 4 | 5 |
| 17. I do something for fun at least once a week. | 1 | 2 | 3 | 4 | 5 |
| 18. I am able to organize my time effectively. | 1 | 2 | 3 | 4 | 5 |
| 19. I drink fewer than three cups of coffee (or other caffeine-rich drinks) a day. | 1 | 2 | 3 | 4 | 5 |
| 20. I take some quite time for myself during the day. | 1 | 2 | 3 | 4 | 5 |

To get your score, add up the figures and subtract 20. A score below 10 indicates excellent resistance to stress. A score over 30 indicates some vulnerability to stress; you are seriously vulnerable if your score is over 50. You can make yourself less vulnerable by reviewing the items on which you scored three or higher and trying to modify them. Notice that nearly all them describe situations and behaviors over which you have a great deal of control. Concentrate first on those that are easiest to change - for example, eating a hot, balanced meal daily and having fun at least once a week - before tackling those that seem difficult.

Source:

University of California, Berkeley Wellness Letter, August, 1985. Scale Developers: Lyle Miller and Alma Dell Smith of Boston University Medical Center.

7 Ways to Stop Stress Now

By Sally Hammond for WeightWatchers.com

Someone once said, "The only difference between a diamond and a lump of coal is that the diamond had more pressure put on it." If that were the case, we should all be shining brightly by now.

Sure, stress can motivate us to get things done, that's the upside. The downside can be really ugly. Stress, according to a recent study published in the *New England Journal of Medicine*, can sometimes lead to physical problems, such as high blood pressure, and accelerate some effects of aging. And we all know stress may contribute to emotional upheaval irritability, anger, even depression.

Here are seven easy strategies one for each day of the week to help you meet stress head-on and conquer it:

- Breathe. Yes! It's that simple. Breathe deeply, but don't hyperventilate. Inhale as though you were sniffing a delightful scent. Then stre-e-e-tch your arms high over your head as you slowly and completely exhale.
- Set boundaries. Just like the stressed-out mom who sat in the playpen to keep away from the children, you can erect some barriers. Decide what you will do and when. Better still, decide what you won't do and dare to say "no." Try to avoid anything, and anyone, who wastes your time.
- Clarify your goals. Decide exactly what needs to be done, and plan a smart way of accomplishing each task. Oh, and give yourself a big tick on the calendar every time you achieve even one of your goals, no matter how small.
- Put yourself first. That's right! If you aren't functioning at your peak, your work and your relationships will suffer. Find time for yourself, and try to do at least one relaxing thing each day: Take a bubble bath, or read a chapter of a favorite book.
- Give yourself a break. It's okay to goof off, cancel a lunch date, or miss a deadline now and then. In six months or 10 years, who will remember?
- Get spiritual. Get in touch with your spiritual values, and align your plans and activities with them. For instance, read an inspiring book, then figure out how to incorporate what you learned into your day-to-day life.
- Take five. Right now stop what you are doing to cherish the moment. Savor whatever you're drinking or eating. Or go outside and smell the air, the flowers and the trees. Feel the wind, sunshine or rain on your face. Listen for tiny sounds. Take a moment every day to marvel at the wonders all around you.

FOODS THAT FIGHT STRESS

Reader's Digest May 1999

There is no dietary "magic Bullet," but you can help curb the effects of stress by getting the nutrients your body needs for optimal health. Pay special attention to these foods:

WHOLE GRAIN BREADS help speed the amino acid tryptophan to the brain. There, tryptophan increases levels of the neurotransmitter serotonin, thought to act as a sedative.

ORANGES are full of potassium, an electrolyte that conducts nerve impulses and helps keep the brain's neurotransmitters to working properly. Other good sources of potassium include *poultry, milk, cheese, apricots, whole grains, nuts and legumes*.

FISH is rich in B vitamins, as are *avocados, potatoes, and beef*. Anxiety, irritability and mood swings have been associated with insufficient quantities of these vitamins.

RICE is rich in thiamine (Vitamin B-1). Some researchers have linked deficiency in thiamine to mental illnesses, including depression. You can also find the thiamine you need in *pork, fish, beans, sunflower seeds, enriched breads and cereals*.

Artichokes and other green vegetables such as *Swiss chard* and *spinach* are loaded with the mineral magnesium, crucial to the body's general defense against stress. *Wheat germ* is another excellent source of magnesium, along with *soybeans, bananas and peanuts*.

**ARIZONA ASSOCIATION FOR PROPERTY & EVIDENCE
9TH ANNUAL**

TWO DAY PROPERTY AND EVIDENCE TRAINING SEMINAR

JUNE 12TH & 13TH 2003

QUALITY INN AND SUITES

4499 E. HIGHWAY 69

PRESCOTT, ARIZONA 86301

TOPICS:

- **PROPERTY & EVIDENCE MANAGEMENT:** How it applies to the Property and Evidence Function.
- **EVIDENCE PACKAGING & STORAGE:** Seizure, Handling & Storage for D.P.S. Lab.
- **COUNTERFEIT ITEMS & HOW TO IDENTIFY:**
- **FIREARM & DRUG DISPOSALS:**

DAILY DOOR PRIZES

VENDOR DISPLAYS

SEMINAR COST

\$150.00 AAPE MEMBERS

\$200.00 NON-MEMBERS (includes 2003-2004 membership)

SEMINAR COST INCLUDES:

2 Days Instruction

Lunch on Thursday

ROOMS AVAILABLE AT THE QUALITY INN AT A SPECIAL DISCOUNT FOR SEMINAR ATTENDEES

FOR RESERVATIONS CALL

1-928-777-0770 - GROUP #100102

ARIZONA ASSOCIATION FOR PROPERTY AND EVIDENCE

ANNUAL TRAINING SEMINAR June 12 & 13, 2003

PRESCOTT, ARIZONA

RETURN THIS REGISTRATION TO:

ARIZONA ASSOCIATION FOR PROPERTY AND EVIDENCE
P.O. BOX 18313
PHOENIX, ARIZONA 85005

NAME: _____

POSITION _____

DEPARTMENT _____

ADDRESS _____

PHONE _____

EMAIL _____

SEMINAR COST

AAPE – MEMBER-----\$150.00

NON-MEMBER-----\$200.00 *INCLUDES 1 YEAR MEMBERSHIP (2003-2004)*

**\$50.00 – NON REFUNDABLE DEPOSIT DUE BY APRIL 1, 2003.
BALANCE DUE BY MAY 1, 2003.**

REGISTER & PAY IN FULL BY APRIL 1ST AND RECEIVE A BRIEFCASE.

PAYMENT ENCLOSED:

- \$50.00 DEPOSIT _____ •
- FULL PAYMENT _____ • \$150.00 (MEMBER)
- FULL PAYMENT _____ • \$200.00 (NON-MEMBER)

Questions or inquiries:

Sandie Imberi - Seminar Chairman
602-534-2558 - Phoenix Police Dept.
602-534-4718 - Fax
skimberi@cox.net

Linda Alphin – Co-Chairman
480-854-2815
dlalphin@cox.net

ARIZONA ASSOCIATION FOR PROPERTY AND EVIDENCE MINUTES

Quarterly Business Meeting

Lake Havasu City Arizona

December 13, 2002

Meeting called to order by Chuck Parmelee, 2nd vice president.

President excused from meeting.

1st vice president is on his way and does not know if he will make it prior to adjourning.

Membership asked to stand for pledge of allegiance and moment of silence for departed brothers.

Chuck Parmelee asked Mary Lewis to introduce guest speaker.

Mary introduced guest speaker Bill Sutton, DPS Western Regional crime lab supervisor.

History of Lab given by Bill Sutton. He stated he had been in this business 30 years and said that we are the Gatekeeper. The property and evidence function is important because of the importance of the chain of custody. He emphasized the importance of maintaining a proper chain of custody for all evidence. He asked if anyone here has had to go to court as part of a chain of custody. He handed out a document with a court decision from 1968. He stated he has used this decision from every lab he has been in. He has been in 5 different labs. He said that the court decision he handed out is very good to cite if the chain of custody on the evidence is attacked. It says that as long as the evidence is submitted in a sealed position, you are not entering a chain of custody and that the evidence is valid and the analyst makes sure that the seal is in tack. He then opens it and the chain starts there for court purposes. You guys sign for custody but as far as the chain of custody for court presentation, this decision has kept a lot of evidence people that I have dealt with over the years out of court. Tell the attorney to look that up and you may fax him a copy. I am sure that there are later court references than this one. I'm sure there have been decisions since '68. What they do is they go into their computer system and they key on this and that will refer them to later decisions as well. I don't know if that will be of use to anybody but when you go back as far as I do a lot of criminalist have to do property work as well. Out here I think they still do. We are on the frontier. When we first opened, we all took our turn cleaning toilets, so, that's the way it goes. I do value good property and evidence people because you have the most thankless job in the whole sequence of events. It's an unsung hero's job and if its done wrong all you catch is a lot of slack and a lot of hell, if it's done right nobody notices, and that's kind of sad except for professionals that deal with you on a routine basis. Don't ever let anybody put you down, because as far as I'm concerned, you guys are the beginning and the end of the whole process and if you don't do the job, an awful lot of police work and lab work goes down the tubes. You're valuable for that very reason. Mr. Sutton then discussed the history of the Western Regional Crime lab.

He gave incidents of duties and functions of the Regional crime lab and how important it is to take the load off the central lab and the importance of service to the surrounding communities.

In conclusion he called for questions from those in attendance:

Question: is all of DPS accreditation or just each individual lab?

Answer: all of DPS and each lab so it's from top to bottom.

Question: illegible on tape. (Something about refrigeration)

Answer; ask Ken about the most frightening experience of my career. (Told amusing story about clandestine lab)

Mr. Sutton invited everyone to visit the crime lab and thanked our group for the privilege of being our guest speaker.

Chuck asked everyone to please read minutes of last meeting and see if there are any errors to be corrected. Do we have a motion to approve the minutes of the last meeting? Sandie Imberi made motion. Second not legible on tape or identified by speaker. Chuck stated motion carried and minutes were approved.

Treasures report: given by Sandie:

| | |
|-----------------------------|-----------------|
| Balance on Sept 14, 2002 | \$17,325.48 |
| Expenses: | |
| Admin supplies | 53.51 |
| Website Oct-Dec | 150.00 |
| Florist for Kim Kalar | 32.35 |
| Quality Inn seminar deposit | 1,000.00 |
| Acme printing for bags | 3,151.57 |
| Seminar supplies | 43.70 |
| Newsletter postage | 22.20 |
| <u>Total</u> | <u>4,453.33</u> |

Income

| | |
|----------------|-----------------|
| Dues | 300.00 |
| Bank interests | |
| Sept. | 13.40 |
| Oct. | 13.49 |
| Nov | 13.58 |
| Dec | 11.99 |
| <u>Total</u> | <u>\$352.46</u> |

Ending balance Dec, 2002 \$13,224.61

Motion to approve has been made and seconded. (Motion not identified; Tamara seconded)

Good and Welfare committee: chairman not present
No news

Publication Committee; Tamara Daigle - Everything is fine. Tamara stated that you could submit items by mail or e-mail. Rest not Audible.

Task Force Committee; Lane not present; no news.

Training Committee: Sandie Imberi

Flyer and registration went out for seminar in newsletter. Extras on back table. Give to someone who is not on list. Location is Prescott June 12,13,2003. Topics, speakers taken care of. Flyers will go out to agencies on Jan 1st. If seminar payment is in and paid by April 1, you will receive a property and evidence bag with embroidered emblem. It will be a real nice give away this year. Hope to see everyone there. May call phone number on flyer for questions.

Old business

Still accepting nominations for all offices. Nominations must be made today. Will take nominations for office:

Nominations will be sent out in newsletter in February for March newsletter. Nominations will be accepted until Feb 1

Nominations for Pres: Lane Darling
Mary Alinen

Nominations for 1st Vice Pres: Joanne Williams

Nominations for 2nd vice Pres: Tamara Daigle
Chuck Parmelee

Nominations for Secretary; Debbie Lopez

Nominations for Treasurer: Sandie Imberi

Nominations for Sgt at Arms; Mary Lewis

Elections will be held at next meeting in March. We can still accept nominations until Feb 1st. Send to Chuck via e-mail or can send to P.O. box.

Sandie proposed an incentive for new officers recommending a change in by-laws regarding the board of directors. "I recommend that when we have a quarterly meeting that is out of the board members area at least 50 miles the board member be reimbursed for their gas if they have to use their personal vehicle. I also recommend that when we have a quarterly meeting that is 100 miles away from the board members home, a motel room will be paid for. 2 board members so there would be no more than 3 rooms or how many ever to accommodate people that had to stay would share a room. This would be at the board members of the same sex could share a room. No rooms would be furnished for spouses. I recommend that the training seminar held once a year that a room at the host hotel be paid for by the Association for all board members since they are required to be there. The room would be for Wed and Thurs night only. I also recommend that the gas for their personal vehicle be paid for if the seminar is at least 50 miles from their home. I also feel that if the Dept of the board member is willing to pay for the member or they may have use of a city car that the board member shall let them do that. By doing this, we might be able to get retired property people to run for office if they know most of their expenses are covered by the Association. Also, if you do have a Dept that you're working for and they don't have this in their expenses, this would be an incentive for people to run for the board of directors and receipts will be required for all expenses. May we vote on this today?

Chuck asked for discussion.

Discussion was made according to by-laws. This is a general meeting. It has to be voted on by the membership. This is a meeting and membership is here. Chuck read by-law pertaining to voting on change. Discussion closed. Motion called for. Motion made by Clarence. Second by Sandie.

Motion carried.

Chuck asked for copy to include in by-laws.

Drug and Gun Disposal:

Tamara Daigle made reference to an article. (Her comments were not audible or clear on tape) I got the idea she may have passed out a packet or made reference to it. (Sorry). She stated that she was worried about this problem getting out to the press.

Sandie reported that Phoenix PD is going to use Tucson Iron and Metal. Handout on back table.

AMCEP, Inc owned by brothers.

Tucson Iron and Metal will do drugs and paraphernalia only. \$1000 minimum up to 2,222 lbs. No bio.

Anything over will be .45 per pound. 12,000 lb limit at one time.

You can witness burn. No address. Call Trinka 520-884-1554

Chuck told about an inspector from Greeley, CO telling him about a machine that they have called the Graze Machine. It has a cost of 10,000. It is a small machine approve by DEA and used for the disposal of drugs. They burn their drugs as well as other departments. They charge the other departments so they can get their money back for their machine. I do have a name of a Lt. In Greeley. I will try to have information regarding this method by the next meeting in March.

Tamara provided something for discussion but was not audible on the tape.

Chuck called for more ideas or discussion. Clarence added a comment but it was not audible on the tape. Several comments and ideas were added but were not audible on the tape. Persons did not identify themselves.

Chuck stated that Steri-Cycle is still taking bio waste but not drugs.

Chuck asked how everyone was getting rid of guns. Tamara stated that MCSO Range melts theirs. Phoenix cuts theirs up.

Discussion on the t-shirts was put on hold because Lane was not present with information.

Ken Racine from Scottsdale P.D. won the free seat to the Seminar.
Clarence Zimmerman gave out 2 toy police cars as door prizes.

Clarence Zimmerman and Sandie Imberi both volunteered to host the March meeting.

The March meeting will be held in Phoenix, AZ.

Meeting adjourned. No time given.

TREASURES REPORT 12-13-2002

BALANCE ON 09-14-2002 WAS \$17,325.48

EXPENSES:

| | |
|-----------------------------|------------|
| ADMIN SUPPLIES | \$ 53.51 |
| WEB SITE | 150.00 |
| OCT THRU DEC | |
| INGLES FLORIST (KIM KALAR) | 32.35 |
| QUALITY INN SEMINAR DEPOSIT | 1,000.00 |
| ACME PRINTING | 3,151.57 |
| SEMINAR SUPPLIES | 43.70 |
| NEWSLETTER POSTAGE | 22.20 |
| TOTAL | \$4,453.33 |

INCOME:

| | |
|---------------|-----------|
| DUES | \$ 300.00 |
| BANK INTEREST | |
| September | 13.40 |
| October | 13.40 |
| November | 13.58 |
| December | 11.99 |
| TOTAL | \$352.46 |

ENDING BALANCE ON DEC. 13, 2002 \$13,224.61

ON THE UP-SIDE

GREAT TRUTHS ABOUT LIFE THAT LITTLE CHILDREN HAVE LEARNED:

- 1) No matter how hard you try, you can't baptize cats.
- 2) When your Mom is mad at your Dad, don't let her brush your hair.
- 3) If your sister hits you, don't hit her back. They always catch the second person.
- 4) Never ask your 3-year old brother to hold a tomato.
- 5) You can't trust dogs to watch your food.
- 6) Don't sneeze when someone is cutting your hair.
- 7) Never hold a Dust-Buster and a cat at the same time.
- 8) You can't hide a piece of broccoli in a glass of milk.
- 9) Don't wear polka-dot underwear under white shorts.
- 10) The best place to be when you're sad is Grandma's lap.

GREAT TRUTHS ABOUT GROWING OLD

- 1) Growing old is mandatory; growing up is optional.
- 2) Forget the health food. I need all the preservatives I can get.
- 3) When you fall down, you wonder what else you can do while you're down there.
- 4) You're getting old when you get the same sensation from a rocking chair that you once got from a roller coaster.
- 5) It's frustrating when you know all the answers, but nobody bothers to ask you the questions.
- 6) Time may be a great healer, but it's a lousy beautician.
- 7) Wisdom comes with age, but sometimes age comes alone.

THE FOUR STAGES OF LIFE:

- 1) You believe in Santa Claus.
- 2) You don't believe in Santa Claus.
- 3) You are Santa Claus.
- 4) You look like Santa Claus.

SUCCESS:

- At age 4 success is not peeing in your pants.
At age 12 success is . . having friends.
At age 16 success is . . . having a drivers license.
At age 35 success is . . . having money.
At age 50 success is . . . having money.
At age 70 success is . . . having a drivers license.
At age 75 success is . . . having friends.
At age 80 success is . . . not peeing in your pants.

Look what happens when a President gets elected in a year with a "0" at the end. Also notice it goes in increments of 20 year

1840: William Henry Harrison (died in office)

1860: Abraham Lincoln (assassinated)

1880: James A. Garfield (assassinated)

1900: William McKinley (assassinated)

1920: Warren G. Harding (died in office)

1940: Franklin D. Roosevelt (died in office)

1960: John F. Kennedy (assassinated)

1980: Ronald Reagan (survived assassination attempt)

2000: George W. Bush ??????????????

And to think that we had two guys fighting it out in the courts to be the one elected in 2000.

You might also be interested in this. Have a history teacher explain this----- if they can.

Abraham Lincoln was elected to Congress in 1846.

John F. Kennedy was elected to Congress in 1946.

Abraham Lincoln was elected President in 1860.

John F. Kennedy was elected President in 1960.

Both were particularly concerned with civil rights.

Both wives lost their children while living in the White House.

Both Presidents were shot on a Friday.

Both Presidents were shot in the head.

Now it gets really weird.

Lincoln's secretary was named Kennedy.

Kennedy's Secretary was named Lincoln.

Both were assassinated by Southerners.

Both were succeeded by Southerners named Johnson.

Andrew Johnson, who succeeded Lincoln, was born in 1808.

Lyndon Johnson, who succeeded Kennedy, was born in 1908.

John Wilkes Booth, who assassinated Lincoln, was born in 1839.

Lee Harvey Oswald, who assassinated Kennedy, was born in 1939.

Both assassins were known by their three names.

Both names are composed of fifteen letters.

Now hang on to your seat!

Lincoln was shot at the theater named 'Ford'.

Kennedy was shot in a car called 'Lincoln' made by 'Ford'.

Booth and Oswald were assassinated before their trials.

And here's the kicker.....

A week before Lincoln was shot, he was in Monroe, Maryland

A week before Kennedy was shot, he was with Marilyn Monroe.

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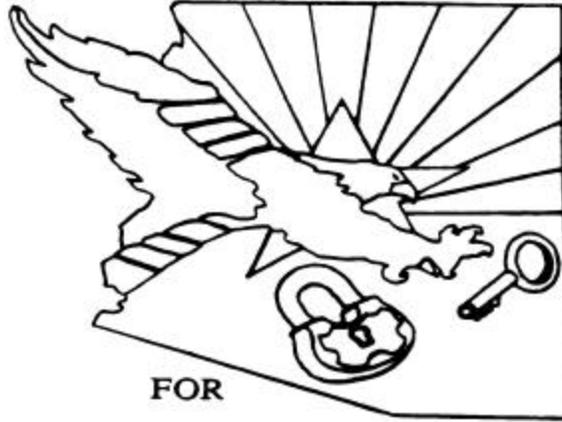
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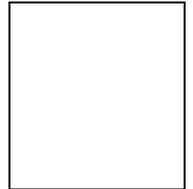
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